

50 Hours in the Car With My Teen?!?

- Set a good example when you drive.
- Be enthusiastic.
- Provide a safe vehicle for practice sessions.
- Take your teenager for driving practice under various seasonal conditions and practice different skills.
- Be a careful and supportive teacher.
- Use positive reinforcement.
- Sit so your left hand can be placed on the steering wheel to help guide if necessary.
- Give directions well in advance.
- Avoid the use of terms with possible double meaning (e.g., say “that is correct” instead of “that is right”).
- Move to a safe place and park for lengthy discussions or performance reviews.
- Never place yourself or other drivers in dangerous situations.
- Inform your teen what to do in case of an accident.
- Take your teenager to get a driver’s license only when you and your teenager feel the time is right.